

Welcome TO ST THOMAS' KENDAL

St Thomas' Church, Kendal

Welcome to St Thomas' Church Kendal. It's great that you are here as we gather for worship today – we love coming together as a family and pray that everyone will receive the Father's love, encounter Jesus and know the Spirit's power! If you are new please make yourself known to someone wearing a lanyard who will be delighted to help you feel at home.

Sunday 26th January 2025 **Epiphany:** **The scripture fulfilled** **Luke 4:14-21**

Sunday 26th January 2025

9.00am Holy Communion

Preacher: Di Gilmore

10.45am Morning Worship

Preacher: Di Gilmore

Wednesday 29th January

12.00noon Holy Communion

Preacher: Bill Holiday

followed by soup and roll lunch

Sunday 2nd February

9.00am Morning Worship

Preacher: George Briggs

10.45am All together Holy Communion

Preacher: George Briggs

7.00pm Evening Worship

Preacher: George Briggs

Prayer for Healing and Wholeness is available at every service.

Come for yourself or for someone else. Prayer team wear green lanyards.

Youth -

Powerhouse

Please note going forward Powerhouse will take place on the 1st and 3rd Sunday evenings of the month.

Young Vocations day 2025!

An exciting day looking at faith, calling, and the limitless possibilities to be involved in kingdom work through the church. Games, food and fun for 16-25 year olds.

February 1st 2025, 11.30-3, The Blue Room, Rheged, Penrith.

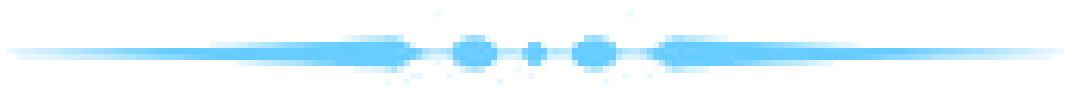
Lifts are available for more information please contact Beverley Lock
reverend.beverley@gmail.com

DTI Summer Youth camp - 2nd to 7th August.

An amazing opportunity for 12-18s to experience faith, fun and friendship with 1000s of other young people. Interested? See Megan Taylor for more details 07563 739 514 / taylor71@hotmail.co.uk / Powerhouse or Groovys whatsapp groups.

HELP NEEDED for the DTI Summer Youth Camp.

Are you fit and practical? Could you spare a day to help set up a marquee on Friday 1st August at the Stafford Showground? Please contact Megan taylor71@hotmail.co.uk



PCC Minute Secretary

We are looking for someone who would be willing to take minutes at our PCC meetings and distribute them to PCC members following the meeting. You do not need to be on PCC for this role but would need to know how to take and write up minutes. PCC meets every 2nd Monday of the month at 7.30pm. If you feel you can serve the church family in this role please speak with either George or the church office. Thank you.

Conferences for your diary

New Wine Women's day in Manchester 1st Feb 2025 More details on <https://www.new-wine.org/events/reset-2025/>

Flourish Women's Conference 2025 Saturday 15th March Barrow. Speaker is Philippa Hanna. Tickets at www.flourishladies.co.uk

Monday 3 February 2025 - Kendal Town Council Prayer Meeting

Some elected members & local people meet for Christian prayers before some council meetings. They are from 7pm for 20 minutes in a separate room from the meeting. Cllr Stephen Coleman runs and sends out emails in advance on any prayer points, and with the location. We also pray for the local community and current issues that are on our hearts. Please contact him at stephenjcoleman@gmail.com to receive these emails.

Parenting Course for parents of 1 to 5 year olds

Starting the week beginning 17th February. On zoom, 8pm until 9.30pm for 7 weeks. Wonderful opportunity to step back and see the wood for the trees and to learn from the course and each other. For everyone, whether you are finding it easy or tough. I would have been a better parent if I had done a course! If interested please see Chris Mullen or the church office.

Men's Meal 7.00pm, THURSDAY 27th Feb at STK - Booking Essential! (Food served at 7:30)

The next men's meal is upon us! Come and join us for an evening of food & fellowship and join in the conversation as we explore our passions and struggles as men of faith. It promises to be an interesting evening!

The meal is open to all men aged 16-99 and will provide another great opportunity to get to know each other better as brothers, fathers, husbands, sons, and friends. **This time it's Fish and Chips.** Bring your own drink, be that sparkling water or your favourite tippie. **If you don't like fish and chips**, feel free to bring your own snack or just turn up for the conversation (from about 8:00pm) For those eating, guideline costs are £10pp but as always, just pay what you can afford. **To book your place contact Roger on 07768 507809 or email: roger.w.porthouse@gmail.com**

Gift for James Locke

Following the announcement at Christmas that James has decided not to return to his role as Youth Work Leader at St Thomas's we would like to give a thank you gift to him and show how much we appreciate all he brought to the role. If you would like to contribute please mark your gift and place in the offering box or hand it to the office before 26th January.

King's Food Bank

Presently the food bank is in most need of:

Pasta sauces, tins of ravioli, macaroni cheese, Spaghetti, large tins of vegetables, instant mash, instant noodles/pasta, biscuits and sponge pudding. Food can be left in the boxes in the narthex.

Changes to landline telephones

The UK's telephone network is being upgraded, so landline services are changing. For most, switching over will be straight forward, BT expects all of their customers will be moved to the new digital system by the end of January 2027. For more information hand outs are available from the reception desk.

CDs - We produce weekly audio CDs of our 9am service. If you know of anyone who you think would benefit from listening to our 9am service at home for whatever reason, be it illness or housebound or in need of spiritual refreshment. Please let Jean Thorp or the office know. CDs are posted out along with a service sheet and notice sheet.



If you would like to give to the ministry of the church, there is a card machine at the back of the church on your way out. Thank you.

***Questions from our Sunday theme for
personal reflection or group study***



1. Go back to the beginning of chapter 4. Who is the common denominator in v1 and v14?
2. As Jesus returns from his testing in the wilderness do you think he was weakened or strengthened by the experience?
3. Imagine how you would have responded to a '30 something' returning to your village and announcing he was the long awaited Saviour of the world?
4. In a quote from Isaiah 58/61 Jesus claims to bring liberation to the poor, the prisoners and the blind. What do you think he means by this?
5. If Jesus continues to bring this kind of liberation to us now - how will this change your life (or those around you)?