

Welcome TO ST THOMAS' KENDAL

St Thomas' Church, Kendal

Welcome to St Thomas' Church Kendal. It's great that you are here as we gather for worship today – we love coming together as a family and pray that everyone will receive the Father's love, encounter Jesus and know the Spirit's power! If you are new please make yourself known to someone wearing a lanyard who will be delighted to help you feel at home.

Sunday 9th February 2025 Racial Justice Sunday God of All Acts 2:14-21

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9.00am Holy Communion

10.45am Morning Worship

Preacher: George Briggs

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Wednesday 12th February

12.00noon Holy Communion

followed by soup and roll lunch

Preacher: Rob McLellan

Sunday 16th February

9.00am Morning Worship

10.45am Morning Worship

7.00pm Holy Communion

Preacher: Pete Jorysz

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Preacher: George Briggs

Prayer for Healing and Wholeness is available at every service.

Come for yourself or for someone else. Prayer team wear green lanyards.

As it will stay colder for at least the next few weeks, may we remind you that this beautiful building is very difficult to warm up when it's this cold outside. Please wrap up warm, or even bring a rug or blanket.

Powerhouse

Please note going forward Powerhouse will take place on the 1st and 3rd Sunday evenings of the month.

DTI Summer Youth camp - 2nd to 7th August.

An amazing opportunity for 12-18s to experience faith, fun and friendship with 1000s of other young people. Interested? See Megan Taylor for more details 07563 739 514 / taylor71@hotmail.co.uk / Powerhouse or Groovys whatsapp groups.

HELP NEEDED for the DTI Summer Youth Camp.

Are you fit and practical? Could you spare a day to help set up a marquee on Friday 1st August at the Stafford Showground? Please contact Megan taylor71@hotmail.co.uk

Parenting Course for parents of 1 to 5 year olds

Starting the week beginning 17th February. On zoom, 8pm until 9.30pm for 7 weeks. Wonderful opportunity to step back and see the wood for the trees and to learn from the course and each other. For everyone, whether you are finding it easy or tough. I would have been a better parent if I had done a course! If interested please see Chris Mullen or the church office.

PCC Minute Secretary

We are looking for someone who would be willing to take minutes at our PCC meetings and distribute them to PCC members following the meeting. You do not need to be on PCC for this role but would need to know how to take and write up minutes. PCC meets every 2nd Monday of the month at 7.30pm. If you feel you can serve the church family in this role please speak with either George or the church office. Thank you.

Men's Meal 7.00pm, THURSDAY 27th Feb at STK - Booking Essential! (Food served at 7:30)

The next men's meal is upon us! Come and join us for an evening of food & fellowship and join in the conversation as we explore our passions and struggles as men of faith. It promises to be an interesting evening!

The meal is open to all men aged 16-99 and will provide another great opportunity to get to know each other better as brothers, fathers, husbands, sons, and friends. **This time it's Fish and Chips.** Bring your own drink, be that sparkling water or your favourite tippie. **If you don't like fish and chips,** feel free to bring your own snack or just turn up for the conversation (from about 8:00pm) For those eating, guideline costs are £10pp but as always, just pay what you can afford. **To book your place contact Roger on 07768 507809 or email: roger.w.porthouse@gmail.com**

Shopping Bus

St Thomas' runs a weekly shopping bus to Morrisons or Asda, taking people from the parish who would otherwise struggle. We are getting very short of drivers and later in the year will be down to two. The criteria is that you are aged between 23 and 70, have driven for more than 2 years and have no more than 3 points on your license. If you feel you could spare one morning a month and would like to know more please have a word with Stephen Coleman 07579217185 or Helen Whittaker 07923405736

STK Environment Group

The group recently did the **RSPB Big Garden Birdwatch** in the church garden. They recorded 11 different species, and submitted the survey data to their country-wide citizen science programme. This is part of their effort to celebrate and protect creation at STK - to find out more and get involved, email ruthalicelamont@gmail.com.

Manna House Big Swim!

To celebrate International Women's Day, all men, women and children are invited on the 8th March, 1.30-3.30, to Kendal Leisure Centre. For a wonderful & wacky fundraising event. For more information and to sign up email: info@manna-house.org.uk

King's Food Bank

Do you drive a car and have Tuesday or Friday afternoons free?

There is a need for two volunteer pairs, one pair for Tuesday afternoons and one for Friday afternoons, from 3pm to around 4.30pm in each case. You would load up your car with food bags for delivery to four or five addresses around Kendal. Because the recipients are often vulnerable people, Kings Food Bank would organise a DRB check for you.

Christine and David Parsons have been enjoying doing this for a few years, but have reached the age where they would like to take a step back to become occasional volunteers.

Jesus said, 'I was hungry and you gave me something to eat'. Could this be a call for you to volunteer?

Just get in touch with Lyn at Kings Food Bank, Shakespeare Centre, Kendal, 07534 609179, or talk to David or Christine.

Changes to landline telephones

The UK's telephone network is being upgraded, so landline services are changing. For most, switching over will be straight forward, BT expects all of their customers will be moved to the new digital system by the end of January 2027. For more information hand outs are available from the reception desk.

CDs - We produce weekly audio CDs of our 9am service. If you know of anyone who you think would benefit from listening to our 9am service at home for whatever reason, be it illness or housebound or in need of spiritual refreshment. Please let Jean Thorp or the office know. CDs are posted out along with a service sheet and notice sheet.

Flourish Women's Conference 2025 Saturday 15th March, Barrow.

Speaker is Philippa Hanna. Tickets at www.flourishladies.co.uk

If you would like to give to the ministry of the church, there is a card machine at the back of the church on your way out. Thank you.

***Questions from our Sunday theme for
personal reflection or group study***



Acts 2.14-21 / Galatians 3.23-29 / Psalm 139

This week we are considering the importance of racial justice as an expression of God's heart and purpose:

1. Reflect and if you wish to, you might share your experience of racism through the course of your life - perhaps you have been subject to prejudice, witnessed it as something unchallenged around you, or have recognised prejudice or complicity in your own attitudes or actions? What do you think God would like to grow in you at this stage of your life - perhaps think about your voice, attitude, heart, listening and acting.

2. What does our short Galatians reading and the quote from Joel in Acts 2 tell us about God's value, desire and plan for all people?

3. Psalm 139 speaks of how completely God knows and sees us, and concludes with a request to have our hearts and thoughts shaped by Him - spend time praying and asking God to speak to you about anything that he wants to highlight, challenge or heal.

4. What does justice mean and what does it look like? How and where is God calling you to reflect and be part of the justice he wants to establish?